



# HEALTH RISK ASSESSMENTS

## HELPING ORGANISATIONS TO MITIGATE RISK

### DID YOU KNOW?



Employers are required to comply with the Occupational Health and Safety Act (No. 85 of 1993)



Non-compliance comes with serious consequences such as incidents and accidents, loss of life, reputational damage, fines and even possible prosecution



Under the Mine Health and Safety Act (Act No. 29 of 1996), employers are responsible for ensuring a safe and healthy work environment

## HOW WE CAN HELP YOU

Over the past 35 years, Life Health Solutions has managed occupational health risks for a variety of industries, including mining.

As leaders in their field, our occupational health practitioners are therefore qualified and experienced to assist you in identifying and managing the health risks associated with your workplace. We do so by conducting a comprehensive health risk assessment consisting of:



A detailed walkthrough of your workplace to identify health hazards



A comprehensive review of all safety data sheets for hazardous chemical agents



A complete review of all occupational hygiene reports

Our Health Risk Assessment (HRA) report uses this process to qualify, quantify and prioritise the risks associated with your work environment, and further recommends control measures to mitigate them.

After identifying and rating all the health risks, we propose a risk-based medical surveillance matrix that ensures workers' health outcomes are monitored appropriately based on their workplace exposure. Our matrix also indicates what tests are necessary to determine whether workers are fit to perform their duties.

By identifying early signs of potential health risks, you can manage exposures and ultimately prevent them.

# BENEFITS TO YOUR ORGANISATION

- We ensure legal compliance with the Occupational Health and Safety Act and its regulations, among others specifically concerning noise-induced hearing loss, hazardous chemical, physical and biological agents, ergonomics, lead regulations, as well as fitness requirements, such as the construction and driven machinery regulations
- Through appropriate monitoring of occupational exposures as determined by South Africa's laws and regulations, we protect your workforce from work-related diseases and ensure their health and wellbeing

## WHY CHOOSE US?

- ✓ We are ISO certified across all of our service lines
- ✓ We are industry leaders with 35+ years in health risk management solutions
- ✓ Our national footprint is supported by our strong community network
- ✓ We are backed by Life Healthcare, a JSE-listed organisation
- ✓ We are a B-BBEE Level 1 contributor

## OUR INTEGRATED SERVICES



Occupational Health  
and Safety



Health and  
Well-being



Primary  
Healthcare



Emergency  
Medical Services

## CONTACT US TODAY

Get in touch with Life Health Solutions today to find out how we can help you. Visit our [website](https://www.lifehealthsolutions.org) or email us at [hello@lifehealthcare.co.za](mailto:hello@lifehealthcare.co.za).

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*Making a meaningful, measurable difference*



*Making life better*